

## 5-Mile Track

Materials needed: mark out a 1-mile track with cones and or sidewalk chalk

1. To receive the Cyclist Award each Adventurer must ride 5 miles.
2. Ride around the 1-mile track 5 times for a total of 5-miles.
  - a. Bikers: will go around the long track after completing an activity for a total of 5 times.
  - b. Skaters and Scooters: 5 miles is not required for the skate award. They will go around the track 1 time between each activity. Skaters will spend more time on the Skate Skills activity.
  - c. Eager Beavers: will go around the track as many times as their skills permit.
  - d. Little Lambs: will participate in each activity at their level.
  - e. Active Ants: will participate in each activity at their level.